³He in Aerogel – an Inhomogeneously Disordered Unconventional Superfluid

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We have examined the superfluidity of 3He in 98.2% porous silica aerogel with up to 34% 4He at 21.6 bar. The mixture is phase-separated for 4He fractions between $\sim 11\%$ and 34%. The 4He -rich phase preferentially occupies the regions of highest silica density in the aerogel, thus modifying the distribution of the correlated disorder seen by superfluid 3He . The 3He T_c increases slightly with 4He content while the superfluid fraction decreases rapidly. This behavior is inconsistent with that of 3He in a homogeneously scattering medium and is analogous to that of a granular superconductor.

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1. Introduction

Liquid ³He is the best understood example of an anisotropically paired superfluid Fermi system. When disordered, this system can lead to new types of ground states as well as provides the means to study how scattering affects the transition temperature, T_c , and the superfluid component ρ_s .

In the case of conventional superconductors with paramagnetic impurities, the order parameter can normally be considered as homogeneous though suppressed below its bulk value. In the case of dirty high- T_c superconductors with short coherence lengths, the suppressed order parameter becomes coordinate-dependent, and usually ρ_s is suppressed more strongly than T_c . Long-range fluctuations of the density of defects lead to fluctuations of the order parameter. An extreme example of such an inhomogeneity is a gran-

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ular superconductor. By weakening the tunneling between the grains it is possible to suppress ρ_s to zero (at T=0) while T_c is unchanged and equal to its bulk value.²

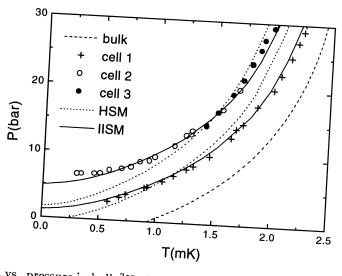


Fig. 1. T_c vs. pressure in bulk 3 He (dashed line) and 3 He in different samples of 98.2% open aerogel (+ - first cell, 3 o - second cell, 5 • - present cell). The calculated (upper/lower) dotted lines correspond to the HSM (mean free path l=1900/2900 Å) and solid lines – to the IISM (l=1900/2900 Å, long-range inhomogeneity on the scale 1300/2000 Å), respectively.

Liquid ³He in highly porous aerogel provides a unique opportunity to study the influence of disorder on the triplet superfluid. In 98.2% porous aerogel, the ³He superfluid transition is sharp, ^{3,4} and both T_c^{aero} and ρ_s^{aero} were found to be suppressed, although by different amounts dependent on the microscopic structure of the aerogel (Fig. 1). On a microscopic scale the base-catalyzed aerogel is a diffusively aggregated conglomerate of silica particles of ~ 50 Å size. The disorder, imposed by the aerogel on ³He, can be characterized by a broad distribution of correlations in silica (Fig. 2, a, b). For these aerogels of 98.2% porosity, low-angle X-ray scattering revealed that the presence of longer correlations in aerogel results in a smaller T_c suppression (up to ~ 1100 Å in the "first cell" (+) and only up to ~ 700 Å in the "second cell" (\circ), see Fig. 1). In less open (95%) aerogels no superfluidity has been observed at any pressure, ⁹ and in more open (99% and 99.5%) aerogels the T_c and ρ_s were much less suppressed below bulk values. ^{10,11}

The internal length scale of 3 He, the coherence length, ξ_{0} (which varies with pressure from 770 to 170 Å), is encompassed by the distribution of

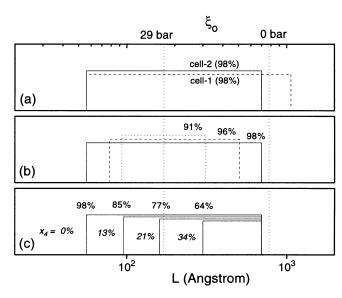


Fig. 2. Cartoon of distributions of length scales for ³He in different aerogel samples compared to the coherence length ξ_0 at p=0 and 29 bar. The vertical scales are for representation only: a) two aerogels (see T_c 's in Fig. 1) of the same porosity 98.2%, but with different correlations around 1000 Å;⁶ b) three aerogels of different porosities (98%,⁶ 96%⁷ and 91%⁸); c) our guess of the distributions in a 98% - open aerogel with 0%, 13%, 21% and 34% ⁴He ("effective porosities" 98%, 85%, 77% and 64%).

silica correlations. Initially, it was unclear whether it was important to take long range density fluctuations into account in order to build a theory of $^3{\rm He}$ in aerogel. Neglecting the broad distribution of length scales and accounting for the average silica strand thickness of 30 Å, inter-strand separation of 200 Å and $^3{\rm He}$ quasiparticle mean free path $l\sim 2000$ Å, one can expect a nearly homogeneously suppressed order parameter. Thus, the adoption of the Abrikosov-Gor'kov approach 12 should succesfully describe the system. 4,13 In such a model both T_c^{aero} and ρ_s^{aero} are functions of only ξ_0/l . A simple test of the model can be performed by deposition of a thick film of $^4{\rm He}$ on the strands, enlarging their average diameter and hence decreasing the $^3{\rm He}$ mean free path l. One thus should expect suppression of both T_c^{aero} and ρ_s^{aero} by the addition of $^4{\rm He}$ to the system.

For pure ³He in aerogel, the homogeneous scattering model failed to account for the pressure dependence of T_c^{aero} and ρ_s^{aero} (HSM, dotted lines in Fig. 1). Incorporation of the fluctuations of the scattering amplitude on a

single scale $\sim 1300-2000$ Å(dependent on the aerogel sample) improved the agreement between theory and experiment (isotropic inhomogeneous scattering model, IISM, solid lines in Fig. 1). ¹³ In order to experimentally determine the role of different length scales of disorder in suppression of the superfluid, we set out to modify the distribution of the correlations relative to ξ_0 and examine how T_c^{aero} and ρ_s^{aero} are altered. This was accomplished by coating the aerogel with a thick ⁴He film which preferentially fills the smallest pores and thus raises the lower cut-off of the correlations of disorder sampled by the ³He phase (Fig. 2, c). For details see our paper. ¹⁴

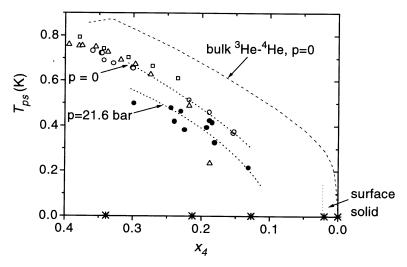


Fig. 3. The temperature of $^3\mathrm{He}$ - $^4\mathrm{He}$ phase separation vs. $^4\mathrm{He}$ concentration in bulk at p=0 (dashed line) and in 98.2% open aerogel at p=0 (\triangle - Kim et al., 15 \Box - Mulders and Chan, 16 \circ - our data 17) and at p=21.6 bar (\bullet - our data 17). The dotted lines guide the eye through our data points. The asterisks show $T_c^{aero} < 2$ mK of five of our samples.

2. Technique, Results and Analysis

Aerogel affects the ^3He - ^4He phase diagram $^{15-17}$ inhibiting phase separation for some range of low x_4 (Fig. 3). In this study we used five ^4He concentrations $x_4=0,\,2.0\%,\,12.7\%,\,21.3\%$ and 33.9% at which the mixture is phase-separated at milikelvin temperatures (asterisks in Fig. 3).

We monitored the period, $P \approx 1.14$ ms, of a torsional oscillator (TO) containing a sample of 98.2% open base-catalyzed aerogel (0.4 cm³ open volume and 9.3 m² area). A concentric-plate capacitor in the head of the TO,

inside which the aerogel was grown (inset to Fig. 4), allows us to determine the molar fraction of ${}^{4}\text{He}$, x_{4} . The cell also contained a ($\sim 150~\mu m$ thick) slab of bulk ${}^{3}\text{He}$ fluid between the aerogel and the mating cup of the TO.

We first surveyed the behavior of pure $^3{\rm He}$ in aerogel as a function of pressure. The T_c^{aero} (\bullet in Fig. 1) and ρ_s^{aero}/ρ as a function of pressure were similar to those of $^3{\rm He}$ in the "second cell" (\circ in Fig. 1). To examine the effect of $^4{\rm He}$, we restricted our experimental investigation to a pressure p=21.6 bar ($\xi_0=200$ Å). The period signal for pure $^3{\rm He}$ is shown in Fig. 4.

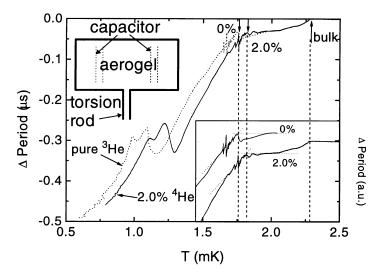


Fig. 4. TO period shifts for pure 3 He (dotted line) and for 2.0% 4 He (solid line) at 21.6 bar. Periods have been offset to be identical at T_c^{bulk} . Vertical dashed lines indicate (from left to right) T_c^{aero} for pure 3 He, T_c^{aero} for 2.0% 4 He, and T_c^{bulk} . The inset in the left shows a schematic of the TO, illustrating the capacitor. The lower inset highlights the region near T_c^{aero} showing how T_c^{aero} is determined from the intersection of dotted lines representing ΔP vs. T in aerogel and the behavior in the bulk. The periods are offset for clarity, the temperature scale is identical to that of the main figure.

The cell's construction (the capacitor, large fill line, and an irregular bulk 3 He volume) results in numerous resonances (Fig. 4), which make the selection of T_c difficult. With the addition of more than 10% 4 He these resonances are quenched and replaced with numerous small but reproducible resonances which can give the appearance of noise (Fig. 5).

When 2.0% ⁴He (enough to coat the entire aerogel surface with solid ⁴He) was added, ¹⁸ we observed that T_c^{aero} increased by ~ 0.06 mK (Fig. 4).

The shift in T_c^{aero} was determined from the onset of the decrease of the period (Fig. 4, inset). The elevation of T_c^{aero} by the addition of 2% ⁴He is not directly comparable to that seen by Sprague $et\ al.^4$ at H=1.5 kOe. They found the suppression of T_c^{aero} due to magnetic scattering to be proportional to H^2 and would have predicted no elevation of T_c^{aero} for ⁴He added at H=0.

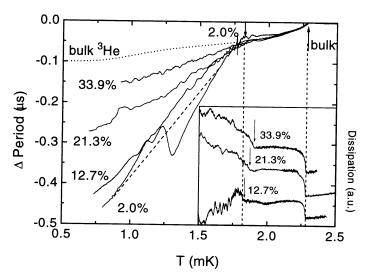


Fig. 5. TO period shifts for four different $^4\mathrm{He}$ amounts at 21.6 bar. The dotted line shows the contribution from the slab of bulk $^3\mathrm{He}$. The dashed line for the 2% $^4\mathrm{He}$ curve serves to guide the eye through the resonance. Inset: the TO dissipation signal for the 12.7%, 21.3% and 33.9% $^4\mathrm{He}$ samples showing the sharpness of the transition and how T_c^{aero} was chosen (arrows). Vertical dashed lines indicate T_c^{aero} for 2.0% $^4\mathrm{He}$ (left) and T_c^{bulk} (right). The temperature scale is identical to that of the main figure.

We then examined samples with 13%, 21% and 34% ⁴He content. Following the addition of ⁴He, we observed a further increase in T_c^{aero} from 1.82 to 1.90 mK (Fig. 5) while in contrast to the 2% ⁴He results, ΔP decreased substantially. With the addition of ⁴He, the strong resonant structure (Fig. 4) is quenched and we were able to use the sharp onset of dissipation (inset to Fig. 5) to fix T_c^{aero} .

In our analysis we consider the $^3{\rm He}$ - $^4{\rm He}$ mixture to be completely phase separated and the $^3{\rm He}$ and $^4{\rm He}$ superfluids decoupled from each other. The period shift associated with the superfluidity of $^4{\rm He}$ is independent of temperature at T < 3 mK. We also neglect the $\approx 14\%$ molar volume difference between liquid $^3{\rm He}$ and $^4{\rm He}$. The $^3{\rm He}$ superfluid component, $\rho_s^{aero}(T)$, is

related to the period of the TO, P(T), by the relation

$$\frac{\rho_s^{aero}(T)}{\rho} = \frac{1}{1 - x_4} \frac{P(T_c) - P(T)}{P_0 - P_{empty}}.$$
 (1)

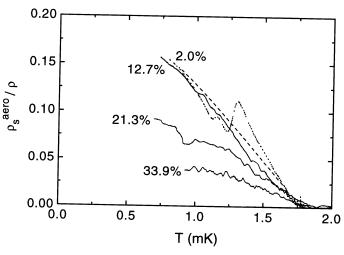


Fig. 6. ρ_s^{aero}/ρ obtained from the data in Fig. 5 using Eq. 1 after the bulk 3 He contribution (dotted line in Fig. 5) is subtracted off. The dashed line guides the eye through the resonance in the 2.0% 4 He data (dotted line).

Here $P_0 - P_{empty}$ is the total period shift due to filling the cell with pure $^3{\rm He}$ at this pressure and the $(1-x_4)$ term accounts for the $^3{\rm He}$ volume change due to replacement of $^3{\rm He}$ by $^4{\rm He}$. From Eq. (1) we can calculate $\rho_s^{aero}(T,x_4)$, once the contribution of the bulk $^3{\rm He}$ is subtracted off. We used the known hydrodynamic behavior of bulk $^3{\rm He}$ in a slab 20 (dotted line in Fig. 5) to fit the period shift data in the region between T_c^{aero} and T_c^{bulk} . The curves for ρ_s^{aero}/ρ vs. temperature are shown in Fig. 6. Our results are summarized in Fig. 7 where we show ρ_s^{aero}/ρ at $0.5T_c^{aero}$ and T_c^{aero} for various x_4 in the cell.

3. Discussion

When x_4 is increased from zero, a thin film of ${}^4\text{He}$ coexists with ${}^4\text{He}$ filled pores as a consequence of the interplay between the van der Waals adsorption and capillary condensation. Upon adding ${}^4\text{He}$, successively larger pores are filled with the ${}^4\text{He}$ -rich phase, while the remaining surface is still covered with a thin ${}^4\text{He}$ film. Eventually, only a thick ${}^4\text{He}$ -rich film survives. It

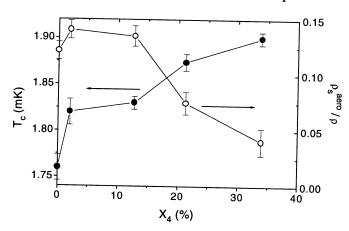


Fig. 7. T_c^{aero} (\bullet , left axis) and ρ_s^{aero}/ρ at $T=0.5T_c^{aero}$ (\circ , right axis) vs. x_4 . The lines connect the data points.

capillary condenses around the regions rich in silica, leaving the 3 He phase in the center of the open regions devoid of silica (biggest pores), thus altering the structure of the medium sampled by the 3 He superfluid. At some $x_4=x_c\sim 30\%$, the regions of 3 He get completely encapsulated by the 4 He-rich phase and thus isolated into islands. For example, for closely packed identical spherical voids, $x_c=1-\pi/(3\sqrt{2})=26\%$.

The measured T_c^{aero} and ρ_s^{aero}/ρ for the sample with 13% ⁴He do not differ much from that with 2% ⁴He, consistent with the system being in the "van der Waals regime". By adding 2% and 13% of ⁴He to ³He in 98% porous aerogel we decrease its effective porosity to about 96% and 85%, respectively. The ⁴He occupies the most rough and dense regions of silica leaving the interconnected biggest pores virtually intact.

In the "capillary condensed regime", the connectivity of different parts of ³He starts to be affected by ⁴He encapsulation. Hence, the superflow can be suppressed even though the local Cooper pairing is still as strong as it was for pure ³He. This picture is consistent with our observation that T_c is not suppressed further by the addition of ⁴He, but that the ρ_s^{aero} is (21% and 34% samples). The decrease in ρ_s^{aero} could be attributed to weakened phase coherence between the more open regions. In this sense, superfluid ³He in aerogel with $\sim 30\%$ ⁴He looks similar to a granular superconductor.²

The observed enhancement of T_c^{aero} accompanied by the reduction of ρ_s^{aero} is inconsistent with the homogeneous scattering model that treats aerogel as a collection of "averaged" strands. A more realistic modification models the long range inhomogeneity of aerogel as a collection of periodi-

cally distributed spherical voids with reduced scattering amplitude. Due to the proximity effect, it produces a single T_c^{aero} for the sample as a whole. However, the weight of the strongly scattering regions in the determination of T_c^{aero} is exponentially small compared to that of weak scattering regions. This result is very much in agreement with our finding that T_c^{aero} slightly increased after the strongly scattering regions are filled with ⁴He. We would conclude that it is misleading to disregard the broad distribution of length scales and to characterize the aerogel by a single averaged parameter (for example, the mean free path).

It is important to note that while T_c^{aero} of pure ³He is very dependent on the porosity of aerogel in the range 99% - 98%, and even on the particular distribution of correlations at the same porosity 98.2%, it virtually isn't altered with the addition of up to 34% 4He which effectively decreases the volume available for ³He from 98% to 64%. The result is explained in Fig. 2, which illustrates that by changing the aerogel's density or microscopic structure one can affect the long range cut-off of the correlations of the disorder. On the other hand, adding 4He affects only the short range side leaving the long range unchanged. It is the presence of long range correlations of the order of ξ_0 which is vital for Cooper pairing and T_c^{aero} . These correlations can be viewed as an interconnected network of the largest voids, along which most of the superfluid flows.

4. Conclusion

We have examined the superfluid density, transition temperature and ⁴He content of ³He - ⁴He mixtures in 98.2% open aerogel using a novel torsion-oscillator and capacitance sensor cell. The results show that the superfluid is very inhomogeneous, T_c^{aero} is relatively insensitive to the ⁴He content, while ρ_s^{aero} is suppressed very strongly by the addition of ⁴He.

To summarize, adding ⁴He to ³He in aerogel revealed that:

- the "homogeneously scattering medium" approach does not work $(
ho_s^{aero}$ and T_c^{aero} change in different directions); - spatial modulations (long-range inhomogeneity) of the scattering am-

plitude and order parameter are important;

- the most open regions in aerogel are responsible for the value of T_c^{aero} , their interconnectivity is responsible for ρ_s^{aero} ;

- $\sim 34\%$ ⁴He is almost enough for encapsulation of the ³He in big voids; the phase coherence gets suppressed and so does the long range order;

- decoration of a porous material with a thick ⁴He film is a useful tool to modify the pore size distribution and the interconnectivity of the pores.

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