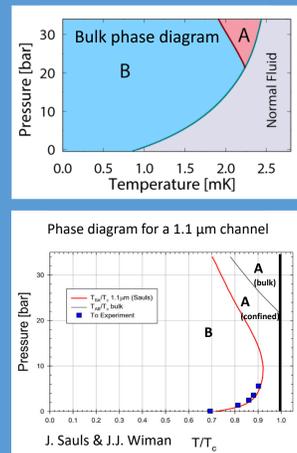
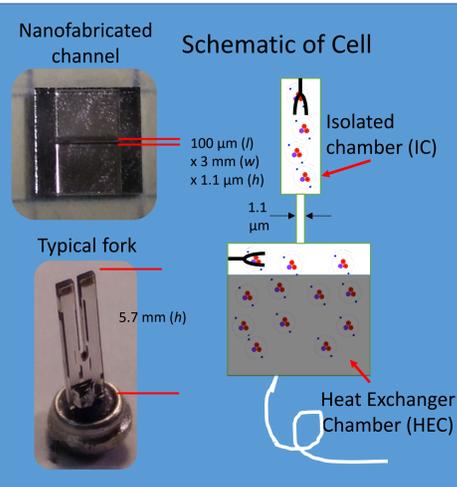


Memory Effect and Supercooling of the $^3\text{He-A}$ phase in zero magnetic field

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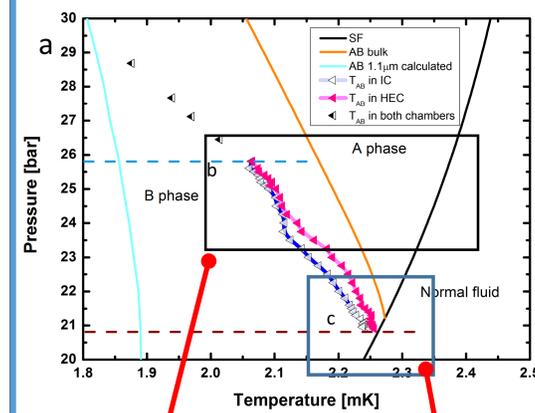
Expectations & Motivation:

1. Observe and map supercooling and nucleation statistics near the polycritical point in "zero" field.
2. Locate A-B line in 1.1 μm channel
3. explore models of nucleation.

Experimental Details

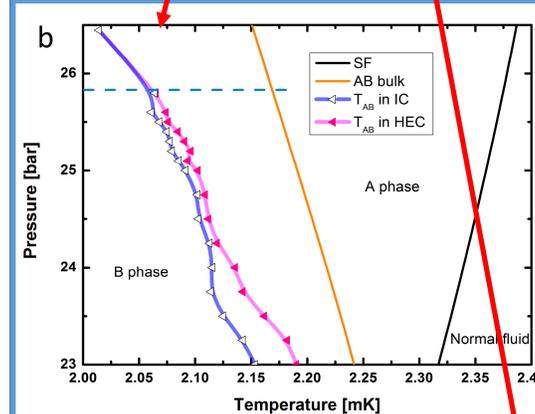
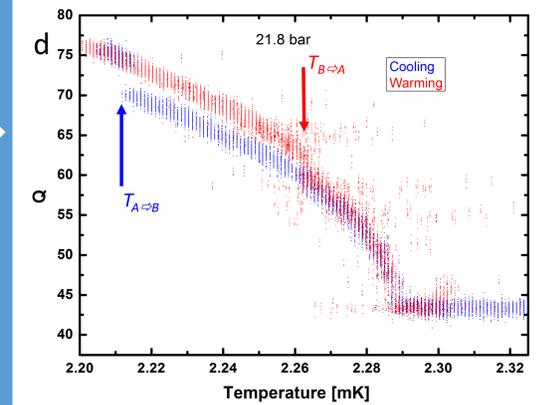
Quartz Fork's Q informs whether fluid is in A or B phase. B phase is nucleated independently in IC and HEC. Channel stabilizes the A phase by confinement. The A phase supercools below its equilibrium point.

Experimental Results for Supercooling of $^3\text{He-A}$



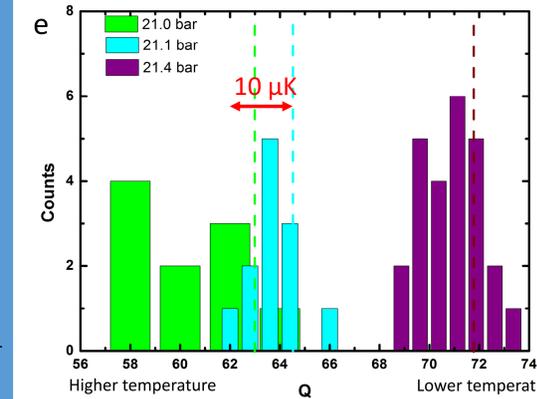
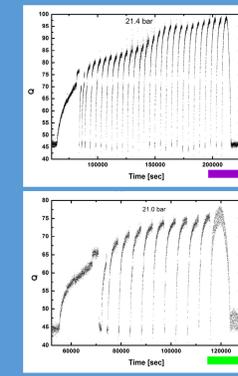
a) The overall phase diagram near the tri-critical point (TCP). The cyan line shows the calculated A-B line (Sauls) for a 1.1 μm channel. On cooling at constant pressure, the A \rightarrow B transition in the HEC (heat exchange chamber) in pink, and in the IC (isolated chamber) in grey. Above 25.8 bar (blue dashed line) they occur simultaneously. Above 23.6 bar they occur closer together as pressure increases. The channel promotes A \rightarrow B once the HEC has its A \rightarrow B transition. A \rightarrow B in the channel is likely higher in T than calculations suggest.

d) Q vs. T at 21.8 bar showing A \rightarrow B transition in warming and cooling traces.



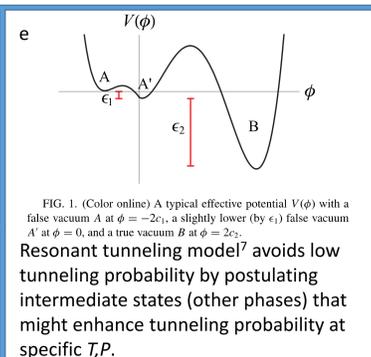
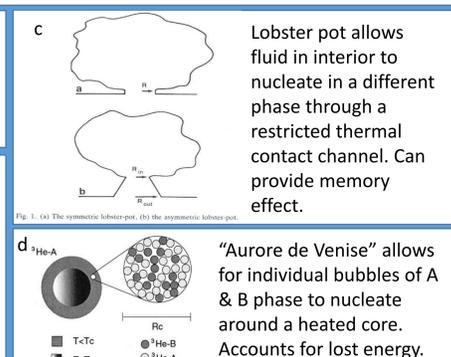
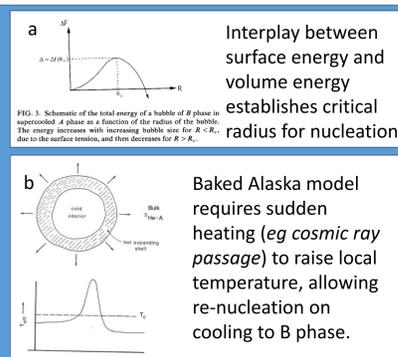
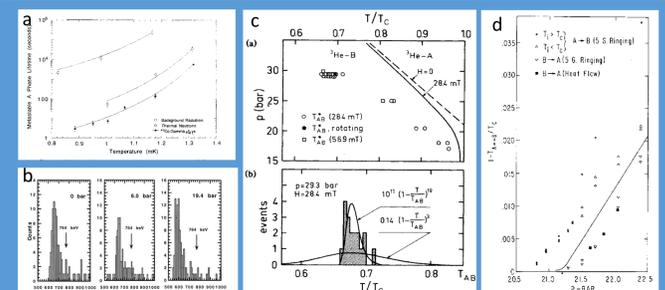
b) Enlarged view of A \rightarrow B transition mediated by channel

e) Dashed lines show Q 's for the A \rightarrow B transition in slow cooling. Histograms show A \rightarrow B distribution following heat pulses that warm IC above T_c . Cooling rate $\sim 150 \mu\text{K}/\text{Hr}$ from pulse, $10 \mu\text{K}/\text{Hr}$ slow cooling. Data for 21.4 bar and 21.0 bar pulses at left.

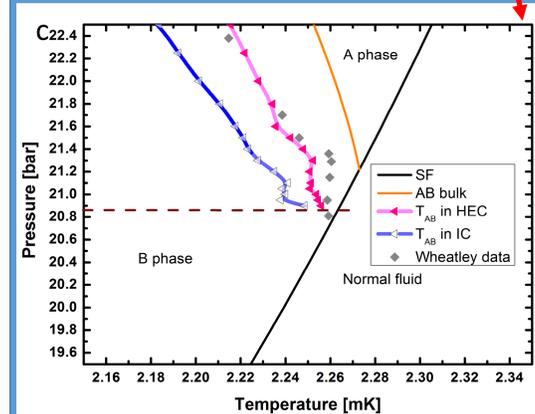


Past Experiments on supercooling of $^3\text{He-A}$:

- Osheroff¹ found lifetime of supercooled A phase decreased by exposure to Co source. Leggett's "Baked Alaska" scenario.²
- Grenoble experiment³ observed missing energy in heat deposited. Led to vortex tangle, Zurek "Cosmological" and "Aurore de Venise" scenarios.⁴
- Hakonen *et al*⁵ observed a temperature distribution of nucleation inconsistent with Baked Alaska.
- Early Wheatley experiments⁶ show unexpected behavior near tri-critical point.

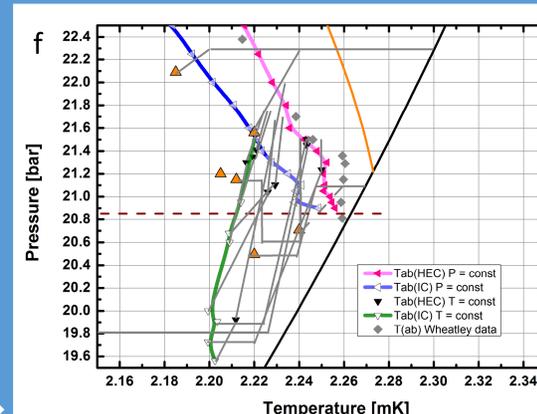


Fundamentally, extreme purity and low temperature implies $^3\text{He B}$ phase should never be nucleated from the A phase. Baked Alaska model correctly predicted some nucleation due to cosmic rays or charged particles. Other models address specific issues. No model is perfect.



c) Enlarged view of A \rightarrow B transition near Tri Critical Point. \blacklozenge from Wheatley powdered CMN Cell⁶. No A \rightarrow B is seen for runs at constant P below 20.85 bar. These results are similar to the "catastrophe" experiment observed in Helsinki.

f) Compare c to f. By cooling at $P = \text{const}$ then depressurizing while maintaining $T = \text{const}$ or cooling slowly, we are able to reliably cross the pink and blue lines. This extends the region of supercooled A phase. The supercooled A phase is stabilized below 19.8 bar, and a new A \rightarrow B transition line (green) is seen.



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Discussion on Results for Supercooling of $^3\text{He-A}$

We have observed supercooling of the A phase in an isolated chamber (IC) cooled via a 1.1 μm channel. The A phase intervenes in the channel between the normal state and the B phase at all pressures. The magnetic field on the sample is less than 5 Gauss.

1. The Heat Exchanger Chamber (HEC) and IC show supercooling and independent nucleation of the A phase, except above 25.8 bar where the A-B transition line in the channel crosses the supercooling lines in the HEC, IC. (Panels:a,b)

2. Near the Tri-Critical Point, we observe supercooling in both chambers that extends below the TCP pressure (21.2 bar). Supercooling in the IC extends further than that in the HEC. Sinter's surface may promote A phase nucleation at T_c below the Tricritical pressure. But B phase may also emerge in the sinter due to favorable surface irregularities. Below 20.85 bar, B-phase nucleated in both chambers upon cooling through T_c (Panel:c,d)
3. By pulsing, we can rapidly cycle through T_c in the IC. We see narrow distributions of A \rightarrow B transitions centered around the slow cooling $T_{A\rightarrow B}$ except at the lowest pressure (Panel:e)
4. By cooling at constant P and then depressurizing, we readily cool through the points obtained at constant pressure. We demonstrate supercooled A phase down to 19.8 bar and 2x colder than results at constant P . **Memory Effect** Supercooling is similar but does not perfectly reproduce free energy difference. (Panel:f).

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Conclusions: Observations inconsistent with Baked Alaska, Aurore de Venise and Resonant Tunneling models. "Lobster pot" can provide memory by retaining A/B phase information as sample is cooled through reduced T_c of neck. But, all features are not replicated by Lobster pot model. A-B line in channel likely 2.0-2.1 mK not 1.8-1.9 mK as calculated.